



St Anastasia

Lunch Menu

SEPTEMBER 2017

Contact Us

Manager Name: Rita Smith

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	1
4	5	6 Beef & Broccoli or Chicken Fried Rice <u>Side:</u> Sautéed Peppers	7 Choice of Chicken or Beef Twin Tacos <u>Side:</u> Camp Fire Beans	8 Cheesy Mac w/ Fish sticks or WG Chicken Tenders <u>Side:</u> Steamed Carrots
11 WG Cheesy Calzone Or Pasta Marinara (V) <u>Side:</u> Steamed Broccoli	12 Cheeseburger Meatloaf Or WG White Pizza (V) <u>Side:</u> Sweet Potato Fries	13 Thai Chicken Noodle Bowl or Grilled Cheese (V) <u>Side:</u> Edamame	14 Chicken Taquito or Ham & Cheddar Quesadilla <u>Side:</u> Fajita Veggies	15 Have It Your Way WG Popcorn Chicken Station <u>Side:</u> Buttery Corn
18 Southwest Meatloaf or Cheesy Quesadillas (V) <u>Side:</u> Steamed Carrots	19 Mini Pierogies (V) Or Chicken Rosa Bowl <u>Side:</u> Fresh Green Bean	20 Korean Meatballs or BBQ Chicken Melt <u>Side:</u> Steamed broccoli	21 Chicken Soft Taco's or Cheesy Mac (V) <u>Side:</u> Steamed Corn	22 Tatar Tot Nachos or Turkey Ciabatta Melt <u>Side:</u> Roasted Jicama
25 Chicken & Waffles or WG White Pizza (V) <u>Side:</u> Crinkle Cut Fries	26 Roasted Chicken Drum Sticks or Cheesy Calzone (V) <u>Side:</u> Cinnamon Sweet Potatoes	27 Orange WG Popcorn Chicken or Grilled Cheese (V) <u>Side:</u> Baked Veggie	28 Cheesy Beef Nachos or Cheddar Burger <u>Side:</u> Santé Fe Rice	29 Tuna Salad Bread Cup or Whole Grain Chicken Tenders <u>Side:</u> Oven Roasted Fries

Promotions this Month!

WG= Made with Whole Grains

V= Vegetarian Option

Mix & Match a entrée w/ a side item and Small Drink for \$4.00

Please See Additional Ala Carte Options on the back

Menu Items are subject to change without notice



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AVAILABLE DAILY



Entrees:

Cheesy Pizza

Pepperoni Pizza

Hamburger

Cheeseburger

Chicken Patty Sandwich

Garden Salad & dressing

Grilled Chicken Caesar Salad



Fruit & Veggie Bar:

\$2.50

