

Prevention Tips

- Hand washing is the most effective way to reduce the spread of the infection. Wash your hands often for at least 20 seconds.
- Avoid touching eyes, nose or mouth with unwashed hands.
- Avoid sharing beverages, plates, bowls, utensils and other objects that may come in contact with hands, face or mouth.
- Disinfect commonly touched surfaces such as tables, chairs, countertops, doorknobs, and bathroom fixtures.
- Keep students home from school if they are sick.
- See “When to Keep Your Child at Home”

More information can be found at www.cdc.gov